

Contemplative Outreach
Northeast Ohio



Centering Prayer Intensive Retreat and Post Intensive Retreat

September 16 – 22, 2016
Villa Maria Education and Spirituality Center
2067 Evergreen St., Villa Maria, PA 16155

Join fellow practitioners for immersion in the practice of Centering Prayer, as taught by Contemplative Outreach. Two retreats are available during the week, based on your background:

Centering Prayer Intensive Retreat: The Intensive Retreat features an educational component, plus up to three hours of Centering Prayer and two videos from the "Spiritual Journey" video series each day. Throughout the retreat experience, one becomes more immersed in the conceptual background of the spiritual practice, as well as refinement in the practice itself.

Recommended preparation: established daily practice of Centering Prayer for at least six months to one year.

Centering Prayer Post Intensive Retreat: The Post Intensive Retreat provides an opportunity for even more intensive Centering Prayer, solitude, and silence in community. The Post Intensive is predominantly silent, with no videos shown.

Recommended preparation: previous attendance at an Intensive Retreat or equivalent.

Both retreats will be held simultaneously at Villa Maria Education and Spirituality Center (www.vmesec.org), located in Western Pennsylvania on the picturesque grounds of Villa Maria Community Center, home of the Sisters of the Humility of Mary.

Questions? Contact Kay Powers (216.932.8911 or grammykaypo@gmail.com) or visit coneo.org

REGISTRATION (*Limited Space Available*)

Name: _____

Select Retreat: Intensive Retreat
 Post Intensive Retreat

Address: _____

Room & Board – *before 8/15/2016:*
 Single Room (\$600)
 Double Room (\$450)

Phone: _____

Email: _____

After 8/15/2016:
 Single Room (\$625)
 Double Room (\$475)

Dietary restrictions: _____

Mail with check (payable to "CONEO") to: CONEO Retreat
c/o Ivi Latronica
210 Kenneth Dr.
Brunswick, OH 44212